As we live our lives more and more online, it is important we think about keeping ourselves safe. Here we discuss how you can do this.

**Shopping Online**
- If you choose to do any shopping online, make sure you use a secure site.
- A secure site will have a padlock in the address bar.
- Be careful of offers that look too good on online marketplaces. Are you buying what you think?

**Phishing**
- This is a term used to describe emails sent to you from fraudsters asking for bank details or personal information such as passwords.
- They will then use that information to buy things, get credit cards etc.
- Your bank will never ask you to send bank details through an email.
- Your bank will not ask you to click a link because your account has been ‘compromised’.
- Some emails will be made to look very real however check the email address where it has been sent from. For example an email from Barclays will end with @Barclays.co.uk

**General online security**
- Check your security settings on social media.
- Make sure you only reveal what you want to, to who you want i.e. set your posts to friends only.
- Are people you are talking to online really who they say they are?
- Don't do anything online you don't feel comfortable with for example sending intimate pictures to people.
- Use different passwords for each account you use.
- Use complicated passwords not password123.
- Check if your email has been breached using https://haveibeenpwned.com/
- If you want to improve your online skills, try:
  - https://www.bt.com/skillsfortomorrow/
  - https://barclayslifeskills.com/
What do I reveal?

- What information is available on your social media accounts?
- Your birthday?
- Pictures of your home?
- Your address?
- Full name?
- Posts that reveal when you are not at home?

Individuals can use this sort of information to 'steal your identity' and get credit cards, loans etc in your name.

Online Gaming

- Don't use your real name on gaming accounts
- Be careful about what personal information you give out when playing in a large online community
- Watch out for scams when buying in game packs

Harmful Content

If you have seen harmful content about you or another person such as threats, bullying, unwanted sexual advances then report it. For more information go to:

- https://reportharmfulcontent.com/

Checking your privacy settings

- Facebook
  https://www.facebook.com/about/basics/manage-your-privacy?
  utm_source=google&utm_medium=sem&utm_campaign=ofa
- Snapchat
  https://support.snapchat.com/en-GB/a/privacy-settings2
- Instagram
  https://help.instagram.com/19683487377501
- Tik Tok
  http://support.tiktok.com/en/privacy-safety

HELP!!

If you think someone is using your data fraudulently contact:
- Your local Citizens Advice
  https://www.actionfraud.police.uk/
- https://www.victimsupport.org.uk/crime-info/types-crime/fraud

What can I do?

- Check the privacy settings on your account
- Are you posting to the public? Friends only?
- Go through your friends list and remove individuals you don't speak to anymore
- Check your privacy settings on each social media account (see list left) or go to:
  www.internetmatters.org
  https://www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s