



As we live our lives more and more online, it is important we think about keeping ourselves safe. Here we discuss how you can do this.

Useful sites

- Ways to recognise a phishing email
<https://www.moneyadviceservice.org.uk/blog/how-to-spot-and-report-fake-emails-and-phishing-scams>
- Keeping yourself safe online
<https://www.bt.com/skillsfortomorrow/daily-life/keeping-yourself-safe-online.html>
<https://www.thinkuknow.co.uk/>
<https://www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s>
- Safe shopping online
<https://www.getsafeonline.org/shopping-banking/shopping1/>
<https://www.moneyadviceservice.org.uk/en/articles/shop-safely-online>

Shopping Online

- If you choose to do any shopping online, make sure you use a secure site.
- A secure site will have a padlock in the address bar



- Be careful of offers that look too good on online marketplaces. Are you buying what you think?



- Make sure you set up a password or PIN to unlock your phone
- If you lose it there is that extra level of security to stop people looking at your information

Phishing

- This is a term used to describe emails sent to you from fraudsters asking for bank details or personal information such as passwords
- They will then use that information to buy things, get credit cards etc
- Your bank will never ask you to send bank details through an email
- Your bank will not ask you to click a link because your account has been 'compromised'
- Some emails will be made to look very real however check the email address where it has been sent from. For example an email from Barclays will end with @Barclays.co.uk



If you want to improve your online skills, try:

- <https://www.bt.com/skillsfortomorrow/>
- <https://barclayslifeskills.com/>

KEEPING
SAFE
ONLINE



Do you know how much information you are giving away through social media? Here we will look at ways you can stay on top of your privacy.

Checking your privacy settings

- Facebook
https://www.facebook.com/about/basics/manage-your-privacy?utm_source=google&utm_medium=sem&utm_campaign=ofa
- Snapchat
<https://support.snapchat.com/en-GB/a/privacy-settings2>
- Instagram
<https://help.instagram.com/196883487377501>
- Tik Tok
<http://support.tiktok.com/en/privacy-safety>

What do I reveal?

- What information is available on your social media accounts?
- Your birthday?
- Pictures of your home?
- Your address?
- Full name?
- Posts that reveal when you are not at home?



- Individuals can use this sort of information to 'steal your identity' and get credit cards, loans etc in your name

Harmful Content

If you have seen harmful content about you or another person such as threats, bullying, unwanted sexual advances then report it. For more information go to:

- <https://reportharmfulcontent.com/>

Online Gaming

- Don't use your real name on gaming accounts
- Be careful about what personal information you give out when playing in a large online community
- Watch out for scams when buying in game packs

HELP!!

If you think someone is using your data fraudulently contact:

- Your local Citizens Advice
- <https://www.actionfraud.police.uk/>

OR

- <https://www.victimsupport.org.uk/crime-info/types-crime/fraud>

What can I do?

- Check the privacy settings on your account
- Are you posting to the public? Friends only?
- Go through your friends list and remove individuals you don't speak to anymore
- Check your privacy settings on each social media account (see list left) or go to:

www.internetmatters.org

<https://www.saferinternet.org.uk/advice-centre/young-people/resources-11-19s>

SOCIAL
MEDIA
ETC